

**Sonoma State University
Presents
Summer Softball Camps
6/22-6/25/09, 7/13-7/16/09, 7/20-7/23/09
Located at Seawolf Diamond on the SSU Campus**



All Skills Camp

6/22-6/25/09

9-12pm, 7-12 year olds

1-4pm, 13-17 year olds

Cost: \$100.00

Come learn from SSU coaches and current players! Topics covered include: throwing, fielding, position play, hitting, bunting and base running. This camp is a must for anyone learning to play or looking to improve their skills!



Hitting Camp

7/13 – 7/16/09

9 – 12 pm

Open to ages 7-17

Cost: \$100.00

Fine tune your offensive skills or build an offensive foundation. Hitters will work with SSU coaches and current players as they go through different mechanical stations and drills focusing on the various aspects of hitting.



Pitcher/Catcher Camp

7/20 – 7/23/09

9 – 12 pm

Open to ages 7-17

Cost: \$100.00

Learn the secrets of the two most important positions on the field! Open to all pitchers - beginning through advanced. Learn and refine your mechanics, work on the correct spins with SSU coaches and players. Catchers will hone their skills by working on receiving, blocking and throwing mechanics.

For more information contact: Jamie Wallin , 1801 East Cotati Ave., Rohnert Park, CA 94928
(707) 664-4054, wallinj@sonoma.edu
-or- visit www.sonomaseawolves.com

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